

Conflict of interest regarding this presentation:

Guy Johnson is the Executive Director of the McCormick Science Institute







The McCormick Science Institute advances scientific understanding of the potential health benefits of culinary spices and herbs





12th European

Nutrition Conference

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MSI metrics

► Key benefit areas explored by MSI-funded research

Antioxidant & anti-inflammatory properties, cardiovascular health, weight management, cognition (including mental energy), overall wellness and implementation of Dietary Guidelines

Research studies being planned or in execution

Manuscripts in press or preparation

Research studies completed

Symposia presented at national meetings

22 Peer-reviewed studies published

15 Studies presented at national meetings

Monographs published in Nutrition **Today**

1 1 National Research Awards presented







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